



Schedule of professional activities as of 31 March 2022

There are many activities that midwives are engaged in on a daily basis that contribute to Midwifery profession in Aotearoa, New Zealand. Midwives are required to obtain a minimum of **8 professional activity hours per annum**. The following schedule lists the most common activities.

In most situations providers issue midwives with a certificate that provides evidence for their portfolio of engagement in professional activities. Midwives are required to reflect on their learning from the professional activity and demonstrate how this has changed their practice. They are also required to enter evidence of completion of the minimum number of hours in their MyMCANZ portal.

Working with colleagues

1. Engaging in mentoring or supervision as a **mentor, mentee or supervisor**. This includes for example MFYP mentoring, rural mentoring, supervision of internationally qualified midwives new to Aotearoa, New Zealand, supervision of a colleague in a return to practice programme
2. Preceptoring midwifery students in clinical placements
3. Preceptoring and supporting orientation of a registered colleague to the work environment
4. Unpaid voluntary midwifery practice overseas
5. Assisting and assessing other health professionals in their maternity related teaching and learning activities

Engagement with the profession

1. Attending professional organization meetings
2. Engaging in midwifery group practice formal peer review meetings
3. Member of NZCOM Midwifery Standards Review Panel
4. Member of NZCOM Resolutions Committee
5. DHB QLP assessor or Professional Development Programme assessor
6. Office holder as Union representative
7. Office Bearer or Committee Member in Professional Organisation¹ regional committee

¹ Professional Organisations include College of Midwives, Nga Maia Maori Midwives, Pasifika Midwives

8. Professional organisation regional Chair or National Committee Member
9. Attendance at interface or consultative type meetings that are focused on maternity quality and safety and midwifery practice
10. Organising midwifery events e.g. International Midwives day activities, Hui, Fono.
11. Member of professional organisation conference organising or scientific committee.

National and Regional appointments

1. Member of National Maternity related group eg PMMRC, NMMG
2. Appointment to DHB Maternity Quality and Safety Group
3. Appointment to DHB Maternal Clinical Governance Group
4. Participation on national projects that directly impact on midwifery practice
5. Participation on regional projects that directly impact on midwifery practice
6. Expert witness for HDC, ACC, Coroners Court or HPDT
7. Local PMMRC/AMOSS coordinator

Council appointments

1. Competence assessment of overseas midwives seeking registration where formally requested by the Midwifery Council which involves assessment against the competencies for entry to the register of midwives
2. Member of Midwifery Council Competence Review Panel
3. Competence Supervisor appointed by the Midwifery Council
4. Competence Assessor appointed by the Midwifery Council
5. Member of Midwifery Council Professional Conduct Committee
6. Midwifery Council Recertification Auditor

Teaching and Learning

1. *Presentation at seminars or formal teaching sessions
2. *Informal teaching sessions for peers or students
3. Case presentations to colleagues
4. *Presentation at conferences
5. Attendance at Journal club
6. DHB adult or neonatal resuscitation educator over and above normal role
7. Participation in formal midwifery practice development meetings

Research participation and publication

1. *Publications in midwifery journals/texts or other professional journals/texts
2. *Midwifery book reviews for publication
3. Advisory participation in research projects that impact on care provided to women
4. Local “hands on” participation in formal ethically approved research projects that impact on care provided to women
5. *Journal article peer reviews

Quality assurance activities

1. Conducting clinical audits
2. Evidence based policy and guideline development
3. BFHI Assessor
4. BFHI local coordinator – must be over and above requirements of employment
5. Quality Health NZ auditor
6. Participation in project user groups that directly impact on midwifery practice

Other activities will be added to the schedule when identified.

Hours Guidance

Most activities will be able to have direct hours of engagement attributed to them. Some activities highlighted with an * will include preparation time that is completed by the midwife away from the activity. This time should be included and as a guide it is suggested that it should be a minimum of four hours